

*Materials of Conferences***NOT PHARMACOLOGICAL CORRECTION OF SYPERACTIVE CHILDREN**

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The question of superactive children correction is urgent. The adaptive method Aikido is applied at the scientific-practical center «The psychosomatic normalization» at the Aikido School «Ikinacorucan». The experimental data confirm efficiency of the given method. 15 boys with the diagnosis «Superactive», 10-14 years old were surveyed. They have carried out 15 sessions correctional Aikido. The method is constructed on application respiratory receptions (20%), east impellent traditions (70%) and verbal pedagogical trainings (10%). The sharp diseases were not registered at this time. There was no sharp change of an image of life.

Background, correctional and control (in 6 months) the measurements of parameters were accordingly such (significance value 0,99):

1. Self-supervision – $0,99 \pm 0,2$; $1,00 \pm 0,0$; $0,93 \pm 0,2$ (numbers). State of health Activity Mood – $-1,26 \pm 0,4$; $2,4 \pm 0,63$; $2,4 \pm 0,6$ (numbers). Jet uneasiness – $57,46 \pm 7,6$; $24,46 \pm 2,7$; $24,46 \pm 2,7$ (numbers). Speed of the arithmetic account (correct addition and subtraction of two-place numbers) – $6,33 \pm 1,7$; $11,53 \pm 1,6$; $11,4 \pm 1,6$ (minutes).

2. Subjective time – $39,00 \pm 17,2$; $47,13 \pm 4,3$; $49,2 \pm 5,9$ (seconds). Variation of subjective time – $21,13 \pm 17,1$; $13,13 \pm 4,4$; $11,06 \pm 6,1$ (seconds).

3. Systolic pressure – $124,66 \pm 4,4$; $116,33 \pm 4,4$; $116,33 \pm 5,6$ (millimeters of a mercury pole). Diastolic pressure – $77,33 \pm 7,7$; $65,66 \pm 5,6$; $65,66 \pm 5,6$ (millimeters of a mercury pole). Frequency of intimate reductions – $95,40 \pm 11,4$; $71,46 \pm 2,06$; $71,33 \pm 2,0$ (impacts one minute).

4. Quantity of blood hemoglobin 134; 130; 130 (1/microlitre). Quantity of blood leucocytes – 5.5; 6.5; 6.5 (%). Quantity of blood s/n neutrophiles – 38; 63; 63 (%). Quantity of blood b/n neutrophiles – 7; 4; 3 (%). Quantity of blood lymphocytes – 55; 34; 34 (%). Quantity of blood eosinophiles – 1; 2; 2 (%).

Thus, the health rehabilitation Aikido is an effective method of normalization of a functional condition of the child, having minimal brain dysfunction, and resulting to a condition functional disbalance and psychological and physiological exhaustion.

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